

## **Neuroleadership and Its Role in Educational Settings: A Review of Current Practices**

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### **Abstract**

This paper provides an overview of neuroleadership and its application in educational settings toward effective leadership and student outcomes. Neuroleadership combines the emerging research in neuroscience with theories of leadership, aiming at understanding the neural processes that influence decision-making, motivation, emotional intelligence, and managing change in educational contexts. As a study, it highlights possible benefits that could emerge from the application of neuroscientific principles for improving teacher-student relationships through the creation of adaptive learning environments and fostering growth among students via neural plasticity. It also highlights strategies such as emotional self-regulation, collaborative thinking, and mindfulness, which may be used in the development of enhanced well-being and good leadership practices among educators and students. The paper calls for professional development linked to principles of neuroleadership and for more case studies to explore applications in practice. It also gives emerging technologies such as neurofeedback, AI tools, and VR environments for enhancing educational leadership and a better learning experience. Overall, the study epitomizes the potential of neuroleadership in transforming practices in educational settings and linking it with future-oriented professional development.

**Keywords:** *Neuroleadership, Educational Leadership, Neuroscience, Emotional Intelligence, Neural Plasticity, Adaptive Learning Environments, Teacher-Student Relationships, Professional Development, Emotional Self-Regulation, Collaborative Thinking*

### **1. Introduction**

Neuroleadership is the study of how leadership behaviors and practices can be informed by, and enhanced by, the insights of neuroscience. Educational leadership, especially the values and ethical basis of leaders, has often been misunderstood as concluding that either a particular leader is principled or not. However, in understanding the field of neuroleadership, and acknowledging that leadership itself is more value-laden, we can also begin to understand leadership as a set of behaviors to make movement forward to meet the many challenges of a profession. The basic tenets of effective educational leadership take advantage of neuroscience that includes careful measurements of behaviors situated in contexts to show impact [1-6]. In educational settings that value both human and intellectual capacity, it is essential that we utilize neuroscience to inform how we act and perform as leaders. Educational leaders, regardless of their title or roles, enable teachers and students to have smooth and efficient daily experiences. By understanding more fully how the human brain and body function in the performance of leadership behaviors, we can begin to establish practices and processes that lead to increased clarity, safety, and improved instruction and student learning experiences. The application of principles of neuroleadership, founded on a brain-based theoretical perspective, can reshape an entire educational environment. That includes the leaders, school vision, mission, school improvement plan,

goals, schedules, and practitioners' professional development. Neuroleadership combines neuroscience with accepted research on emotional intelligence and leadership efficacy to help develop strategies for successful behavior change. Neuroleadership focuses on how the power of the brain can improve a leader/team's ability to empower motivation, commitment, and trust [7-11].

### *Definition and Conceptual Framework*

With the advent of the power of technology and brain scans, neuroscientific findings are no longer the domain of neuroscientists only; rather, it has attracted the attention of people from the leadership area to investigate the predispositions of evolutionary nature. Neuroleadership, a combination of neuroscience and leadership, has defined neuroscience as a reference to the science of understanding the structure and function of the brain. Leadership consists of three elements: the first is the ability to understand self, emotions, personality, attitudes, and motivation to improve personal abilities; the second is the ability to understand groups, how to lead in organizations and from a management perspective; and the last is the ability to understand changes in cultural terms and global variables. Theoretically, a multi-intelligence model was proposed which consisted of six intelligences: physical, emotional, cognitive, artistic, spiritual intelligence, and spiritual intelligence. Neuroleadership is a psychological theory that describes the optimal human performance properties based on the latest neuroscience research. The underlying premise is that the brain is strongly biased towards minimizing threats and maximizing rewards. Effective leader behaviors decrease threat responses and increase reward responses in the brain [12-13]. Neuroleadership integrates cognition and the brain to engage effective leadership strategies. Cognitive processing is how leaders develop meaning through the blending of past experiences and cultural references with their emotions. All the models of brain-based leadership study the brain in terms of group analysis. They mostly investigate the quality and attributes of the brain that give value to the study of leadership in both individuals and groups. Leadership perspectives, which are geographically influenced by public attention, are heavily focused on the educational sector for success and innovation, dealing with the powerful learning process of children to gain the best scores, assessments, evaluations, and certifications. Therefore, creating a safe and nurturing environment in the brain can improve learning, rich and innovative thinking, effective communication, inspire students, generate a sense of meaning, increase awareness, and develop good grades from learning outcomes. The most suitable application of the model of leadership in the field of holistic education would involve the integration of the science of the brain and neurons and consider it essential in management, leadership, and education [14-15].

## **2. Neuroleadership in Educational Settings**

Education is one of the major building blocks used to shape lives. With this principal duty also come many various leadership responsibilities to guarantee the quality of educational opportunities. Currently, the field of education places leadership not just on school principals, but also on teachers to support school-wide reform. There are many incompatible demands within educational environments. Many of these issues are dissimilar from other industries and require distinct strategies and methods of implementing change. Managing change within a school requires a unique blend of adeptness from both fields, which is currently absent. One solution to this gap could be found in the field of neuroleadership, which is specifically occurring in the heart of educational settings, comprising school leaders and teachers working together to enhance student outcomes [16-18]. Neuroleadership is a term used to summarize modern-day leadership methods, considering the human brain and the consequent changes that can impact leadership outcomes. As a research field, neuroleadership has been associated with psychological traits and emotions used within traditional leadership, focused on the correction of negative outcomes. The combination of educational leadership changes with education reform principles of emotional interactions and experiential learning provides possible bridges in slippery terrain. The benefits for education lie with public expectations for stronger teacher-student relationships in an era of education reform concerning learning outcomes. Using these interrelating concepts proves to be increasingly prominent with current global interest in contemporary learning. Provided here is an insight into neuroleadership processes and skills as they are practiced within educational environments. Alongside this are some of the challenges and avenues by which leaders are incorporating this modern management structure into practice in the field of education [19-21].

### **3. Neuroscientific Principles in Leadership**

An understanding of the basic principles of neuroscience is fundamental to the theoretical framework of 'neuroleadership' – the study of the brain in various leadership settings. It is argued that drawing on detailed neuroscience of the brain in various states may yield increased indication and understanding of the principles of what makes effective leadership in organizations. There are numerous areas of the brain involved in leadership, especially how our brains work together in social situations and how we respond to others in groups. Here, we will briefly introduce three functions of the brain that underpin learning and behavior – some of the foundations of effective leadership. Even quite a summary introduction demonstrates the complexity and diversity in the operation of the human brain [22-23]. Executive Functions – Primarily found as part of the frontal lobes, 'executive functions' is an umbrella term used in neuropsychology to describe the brain's ability to think and 'self-regulate' thinking while being capable of regulating behavior. These functions include initiation and goal creation, planning, prioritizing, organization, time management, critical thinking, reasoning, impulse control, emotional regulation, and decision making. This area of the brain is also involved in working memory – receiving information through the senses and reacting to it all in what is often termed the brain's 'executive control center.' Hosting a variety of complex interconnections within its role as the core supporter in many behavioral aspects of thinking and emotion, the frontal lobes are to a high degree susceptible to any external influences and some of the most complex traumas. For educational leaders in school settings, adolescents whose frontal lobes are not yet fully developed are often characterized as easily influenced by, and therefore easily engage in, thrill-seeking behavior where the aforementioned areas of executive functioning – such as reasoning and impulse control – are not fully developed [24-28].

#### *Neural Plasticity and Learning*

Neural plasticity refers to the brain's extraordinary capacity to reorganize itself. The very structure of the brain can change as a function of experience or the consequences of that experience. The logical conclusion of the findings of neuroplasticity is that the brain is more vulnerable and more open to change, and development than previously assumed. Once educators recognize the brain's capacity to change, they can understand the physical basis for change and, consequently, how to optimize the learning environment. This knowledge allows educators to address neuroleadership's ultimate aspiration to create more 'brain-based' or 'adaptive learning' environments for students. Neural plasticity has numerous possibilities in education. It brings new opportunities for enhancing traditional educational practices into uncertain disciplines [29-32]. The overriding principle of neural plasticity is that learning takes place because of experience, practice, and adaptation, which affects the structure and function of the brain. Motivation is a key factor for facilitating experience and practice and ultimately adaptation. Neuroplasticity is of significance for educators because it offers insight into how the brain adapts to a person's environment and abilities. Although the findings of neuroscientists provide much complex information, within educational settings the concept of neuroplasticity highlights a message that is surprisingly simple. This message is that our abilities, intelligence, and other neural functions are remarkably malleable and never 'fixed'. Thus, practical implications arise that not only can be applied in educational environments, but also teachers can play a significant role in fostering these new beliefs. Adaptation and growth are an essential part of our psychological and neural function. This psychology is referred to as 'adaptive learning', a term that is used by neuroleadership practitioners to convey the concept of neuroplasticity to professional practice. In simple terms, neuroplasticity conveys the message that the brain never stops learning. With the right learning strategies, the brain is continually capable of growth and development [33-36].

### **4. Applications of Neuroleadership in Education**

Understanding the neural underpinnings inherent in leadership discourses is a growing area within the organizational behavior literature. Arguing that educational theory and practice should also embrace the findings of neuroscience is not a new concept. The purpose of an argument for embracing the principles of neuroleadership, which deals with educating and growing young minds to retain fully functioning adult brains, is to confirm that alignment toward sharing insights and reactions on the way to engage in best-principled practices that have clearly emerged from elucidated adult-derived neuroleadership theories. These insights

have the potential to translate to the educational environment: teacher professional practices, effective leadership strategies that involve the interaction between staff, students, and community, and school activities that engage and grow young leaders are all areas that can take advantage of what has been researched by neuroleadership scholars [37-41]. In what ways can neuroleadership be taken out of the exemplary business environment and practice and into the educational environment? This paper draws on the daily activities that are carried out by educational practitioners to provide real-world examples with a focus on reading, writing, and the intent behind individualizing education through recent curriculum implementation. The paper explains how, through research use in schools and case studies utilizing real-world practices, workshops have provided an opportunity for discussion surrounding the use of neuroleadership insights and strategies shared in the workshops. Such workshops provide schools with the background that helps to explain the case studies of neuroleadership in educational practices. The approach emphasizes continually working everyday actions and interactions with a deeper understanding of the neural leadership underpinnings [42-44].

### *Teacher Professional Development*

“Neuroleadership offers a useful lens to shape, reflect upon, and improve various aspects of leadership in educational settings. An understanding of the brain can inform a wide range of problems both in the staffroom and classroom.” Expanding on this, neuroleadership is an important aspect of professional growth within education, as teachers should have access to learning that will help develop their skills or is directly relevant to their growth. In other words, professional learning should be for teachers rather than to teachers. To achieve this inclusivity, schools require ongoing professional learning that is adult-appropriate if teachers are to develop, grow, and flourish. The importance of aligning professional development programs with the goals they are seeking to achieve is underscored. This sentiment emphasizes the need to build teacher efficacy as a means of improving student learning and student outcomes [38-42]. Professional development can no longer be seen simply as a one-off, occasional event. Rather, knowledge mobilization sees the need for ongoing, job-embedded learning and development that focuses on reflection and evidence to support the growth of teachers and subsequently improved student outcomes. Professional learning communities are discussed as spaces in which teachers can collaborate, experiment, and learn. This social constructivist framework poses the importance of collaboration and dialogue to develop and revise professional practice. Neuroleadership can add value to programs of this nature by enhancing the “teaching” component of these learning teams. Principals should attempt to build an environment of trust and risk-taking within their schools by providing opportunities for staff feedback and self-reflection. Allowing teachers to develop a ready response to an unclear picture can be achieved through regular opportunities, including release time for teachers to collaborate. However, the structure of these meetings and responsibilities needs to be encountered proactively and with a sense of urgency. Irrespective of the format of teachers collaborating and discussing neuroeducation, the focus needs to be on teaching and learning, with partnerships playing a role in this research. However, there are other and perhaps more systemic, methodological ways that this link to the neuroeducation literature can have an impact on staff professional development [40-44].

## **5. Neuroleadership Techniques and Strategies**

Several techniques associated with neuroleadership are gaining popularity in educational contexts due to their ability to advance well-being and leadership practice for students, teachers, and school leaders. Neuroleadership involves filling the gaps between what some have described as common-sense leadership traits that have been known for decades and the available research practices today. It may be seen as a continuation of emotional intelligence in leadership discourse. The techniques associated with neuroleadership focus on methods that, through practical experience, global research, and insights from social cognitive neuroscience, are in contemporary educational literature. Sometimes such literature does not refer explicitly to neuroleadership but is aligned with its aims and principles. Neuroleadership describes practical applications for primary, middle, secondary, general, and special education practitioners, administrative leaders, and leaders in non-profit educational research and evaluation organizations. If you, as an individual or group, can regulate your emotional awareness and know when you are angry, sad, or thrilled, then your emotional self-regulation can be taught effectively. A range of techniques to help develop this are presented. Generating ways to enhance your capacity to think differently, to think about how you think, and to have the flexibility to adapt your

thinking is highlighted as a strength for school leaders. Given the known influences of stress on attentiveness, cell survival, and neurogenesis, it might be said that our most frequent response is reinforced in schools: the development of environments based on collaboration, not competition. This, in turn, fosters teamwork. Research suggests some positive benefits for our brain and body when we share and work within teams. The workplace and educational literature highlight studies in neuroscience and teamwork. A lot of similar work has been undertaken in education. Growing interest in the use of mindfulness is also emerging and being integrated into optimal educational leadership wherever the emphasis is on thinking, change processes, collaboration, and performance. The literature suggests that educators are using the techniques from this text to notice and integrate the skills of neurological intelligence completely within themselves to enhance well-being across all four capacities. Techniques for product application and ideas to assist in learning and development that would contribute well to professional reading discussions provide a starting point for practical applications. Further case studies on the impact of these practice shifts in the field would be beneficial, particularly in schools [38-43].

### *Growth Mindset*

A growth mindset is one of the assured constituents of neuroleadership, connecting mindset beliefs with the neurological stance. Cultivating a growth mindset both in educators and students was remodeled to produce productive results and can even create new neural pathways in our brains. This information can be insightful as the neurons in the brain are responsible for information processing and have the tendency to align in given neural pathways. From the neurological point of view, mindset beliefs have an impact on these paths and thus our learning behavior. According to these beliefs, learners mold their habits, attitudes, and learning experiences. Hence, a person who believes that knowledge can be expanded easily adjusts to new experiential exposure and challenges [43]. Educationalists and teachers further disclose that due to a technology carousel, the era of having a fixed single defined career is now an outdated and disintegrated mind map. As a result, the mental framing of mindset knowledge is incredibly impactful. According to neurology, mindset philosophy serves as the genetic mother of propelling brain growth. In a protected atmosphere where every person is inspired to show resilience and adaptability, having a "growth mindset" tends to benefit the brain. Conversely, individuals who are in a fixed mindset block specified neural pathways and thus have trouble making room from where brain networks are set in deadlock belief systems. Like "neuroleadership" in organizations, the mindset perspective should be standardized with knowledge institutions. Growth mindsets can be bred in institutional ethos by making a "safe" culture in which both educators and youngsters can adopt role transformations. A growth mindset environment has the capacity to proliferate universal adaptability. Great mental coordination can allow efficient application of multidisciplinary cognitive skills, capital, and resources. Feedback mechanisms play a vital role in the advancement of this thought. Complimenting individuals in an ethos that values the growth mindset is essential to reinforce the message. Positive feedback communicated in learning institutions makes it integral to neuroleadership in education [44-45]. Several strategies can be employed to mature such an environment in our educational institutions. Estimable circular academies can be inaugurated as a potential model of practice. Academic documentation can be supplemented with an extra column to suit everyone's plan so that it can facilitate the participants' retention and application. Developing experiential learning by incorporating vice versa learning. For instance, when 10-year-olds are involved in teaching 60-year-olds who have no experience in social networking. Interactive and optimistic appreciation sessions can be grasped through teen-friendly platforms or inclusions under school storefronts as a "Value Added" exercise. Educational leadership should model and infuse consistently. Every organization or context can benefit from this recent field. With the advent of brain research, the time was ripe for schools and universities to begin to explore it. A growth mindset should be the new aggressive light for every educational management to pursue [46].

## **6. Neuroleadership and Student Motivation**

Nowadays, there is substantial awareness and appreciation within the field of leadership concerning the important role of motivation in teamwork and an organizational context. Such an interest in a neuroleadership-motivation nexus has yet to reach the educational leadership arena. It has been suggested that "as we understand the cognitive neuroscience of motivation, educators could create environments that both maximize the amount

of intrinsic motivation and minimize the presence of any conditions that suppress it". While little progress has been made on this specific issue, international neuroeducation researchers can provide insights that would enhance neuroleadership practices in educational contexts [47-52]. From the viewpoints, teachers, educational leaders, and indeed, the tertiary education development squads that seek to support them in their work, should equip themselves with insights that pose the question of motivation. Instructors will then be able to reflect on their own leadership practices and, more importantly, can contemplate developing a variety of everyday practical strategies that will enhance student motivation. A best practice leadership suggestion might therefore suggest that, in the future, we need to argue that differential teaching and course design employed by lecturers need to be directly aligned with variables that fractionalize what motivates students to want to learn [53-55].

## **7. Neuroleadership and Emotional Intelligence**

Emotional intelligence relates to the concept of neuroleadership and is often referred to as the foundation of good leadership. The main components of emotional intelligence include self-awareness, creativity, self-regulation, motivation, and empathy. Emotional intelligence is important for successful principal leadership and reflects the importance of emotional intelligence and the role of positive emotions in school environments [56-58]. There are several brain systems involved in the processing of emotions, social processing, and regulation. The limbic system includes the amygdala and hippocampus and plays a role in processing emotions. The prefrontal lobes regulate emotional responses, interpret emotional states of self and others, and regulate social behavior. The anterior cingulate and prefrontal cortex participate in executive functions, including reasoning, problem-solving, error correction, and decision-making. The process of emotional processing in the brain is associated with the brain's management of stress experiences—a significant consideration in educational settings [59-62]. Emotional intelligence can be developed in both children and adults. In addition to assessing and fostering adult leaders' emotional intelligence, relevant strategies for developing children's emotional intelligence include specifically teaching the skills of empathy and caring in schools, modeling these skills, promoting emotional language, developing emotional intelligence from a theoretical and practical standpoint, and using coaching as an interpersonal relationship strategy between educators and students. Emotional intelligence has been demonstrated to be positively associated with successful teacher-student relationships and school climate. Emotional intelligence research on values education curriculums that worked to enhance social and emotional learning with great success in different educational settings [63-65]. Therefore, in educational settings, many researchers and policymakers believe that fostering social and emotional skills in students is one solution to bullying, an increasingly recognized problem in schools. There are numerous examples of the effort to promote emotional development and positive character in educational leadership literature. Several real-world examples also provide insight into how emotional intelligence informs leadership actions. Ultimately, emotional intelligence is crucial to developing students and scholars embarking on a neuroleadership path, especially if they aspire to be first-class resources in educational settings [66-67].

## **8. Neuroleadership and Decision Making**

Neuroleadership is concerned with understanding the functions and processes of the brain in order to make effective decisions in educational settings. The initial focus in this chapter is the intricate relationship between decision making and the neural processes of the brain. It begins by asking the question, "What do we really mean by the term "neuroleadership"?" It also explains what a leader needs to know so that improved decisions can be made appropriate to the task or context. From a neuroscientific perspective, decision making is regarded as the ability to store and then retrieve information in the brain, which can then be used to make a range of assessments dependent upon both the task or situation being encountered by the leader or leaders and the task or situation being encountered by the relevant group or subdivision of an institution. The brain is an anticipatory organ, which in part 'decides' events in advance of their occurrence [68]. The neural processes of decision making are concerned with several overlapping parameters such as risk assessment and social and emotional factors. The process of decision making can also be flawed by cognitive biases. The neural functioning of decision making has several implications for educational organizations. There is increasing evidence to suggest that employees who have some understanding of the neuroscientific basis of their own decision making are more productive and happier within the workplace. It also suggests that some time should be given to the social and emotional aspects of the decision-making process. Emotional and social processes

should be regarded as important adjunctive factors to gain a rounded view on the decision that needs to be made. The social aspects of making decisions in educational settings cannot be overlooked [69-70].

## **9. Neuroleadership and Change Management**

Like the business world, educational institutions are also undergoing significant change, often at a rapid pace. During times of change there are often strong reactions by staff and given the neurobiological shock many individuals experience, reaction behaviors are generally out of proportion. Neurobiological responses to change include cortisol-driven spikes in negative emotions, reduced capacity for making decisions, and increased resistance to new ideas. By contrast, understanding through neuroscience the role of neuroplasticity and the development of new neural pathways can be an important context in the practice of change leadership. Several strategies for leaders have been suggested [71-73]. Having a good approach to change means understanding the impact and implications of our natural reaction to change. Changing leadership in educational institutions has been the focus of understanding staff resistance to change and in so doing build further theoretical understanding that can guide leadership. Some free-thinking approaches to change management, which are essentially people-centered, include designing the experience; designing for the test; facilitating change; and building a movement with the change agents. Such approaches have been outlined within a framework from the field of neuroleadership, and it is a guide for change management strategies based on the way the brain functions. However, there are very few case studies, especially from educational settings, which suggest that a certain model is effective in practice [74-77].

### *Neuroplasticity and Adaptability*

The concept that our brains are always changing has been one of the most invigorating in contemporary social science theory. As educators consider the implications of this fact for learning, some have ventured hypotheses that parallel lower-level discussions in this article. From a managerial or change management perspective, a crucial process for leaders is to make it easier for people to overcome their resistance to changes in their established mental maps. Understanding that the brain has always been able to adapt to new behaviors may affect change leadership and its practices. It may start to counteract deeply ingrained views about what it means to be human that are underpinned by assumptions of the immutable mind [78-80]. The implication of reports is the long-term nature of any adaptability change policy. By the end of elementary school, students are already committing neurons in an undue way when they choose a cognitive strategy. The owners of a company worked on projects to help executives retrain their brains. The starting point for such a focus on adaptability lies in the skills we should be teaching students. In most education systems, schooling is done to students. Although the traditional student has increasingly become a consumer and vice versa, students are still assimilating the information given to them, much as they would have done in the middle of the last century. A key part of education is preparing people for participating in the workforce. The competitive edge, however, does not come from settled minds; it comes from the ability to adapt. This has ramifications for the education of our staff, as well as our students. Ongoing professional development, in embracing the latest teaching tools and approaches available, becomes paramount. It reinforces the focus of the teacher as a learning professional rather than as a mere transmitter of information. The discussions suggest that neuroplasticity, within education, directly addresses wider organizational concerns around change management. When it comes to changing success, the ability to reframe and thus re-learn is key. In the educational context, understanding something of the processes involved can be informative. Additionally, it can also be reinforcing if change discussions have succeeded in altering mental models such that the value of organizational development measures has become more apparent [81-83].

## **10. Emerging Technologies**

Neuroleadership is an evolving field that has the potential to be significantly shaped by the rapidly expanding range of technologies. With the addition of innovations such as neurofeedback, qualitative AI tools, VR environments, and more, these advancements can further enhance leadership and educational perspectives. High-level applications can support the monitoring of brain processes in response to increased brain activity and evaluate learning processes. Ideally, these technologies can assess, analyze, and predict learning outcomes,

and organizations can associate them with specific leadership and learning models. There is a serious need to develop ethical guidelines to incorporate such technologies into larger settings, particularly educational ones. Strategies will have to be developed to incorporate any technology into meaningful practice that respects privacy and autonomy [84-86]. A growing interest in the implementation of technology in neuroleadership practices has emerged as research in both areas converges. The addition of VR capabilities can be used in combination with neuroleadership to demonstrate how consumers perceive and resonate with products and jobs. The intersections of AI and leadership can be used to monitor licensed physicians and improve health leadership strategies. Although the use of these technologies in academic settings is low, we can see an initial impact on our own lab through some state-of-the-art neurofeedback methods. We hope that continued research and development can build new possibilities for education leaders and enhance pre-existing applications of technology. The following sections explore current emerging technologies and possible applications in education and leadership [87-89].

## 11. Conclusion

This paper has provided a comprehensive review of what is currently known about the importance of current insights from neuroleadership and their potential for increasing the effectiveness of educational settings. The importance of educators who are also leaders has been emphasized as they shape the often life-long learning of students. To enable learning to be optimally effective, and to ensure that young people are well-prepared for 21st century workforces, schools must be designed with efficient neurologically aware management. Neuroleadership approaches, enlisting simultaneous attention to academic, neurological, and emotional development, can provide successful approaches for educational practice. This essay presents broad-spectrum taxonomies that relate fundamental neuroleadership concepts to levels of procedure and practice currently employed in educational organizations. The integration of neuroleadership insights with leadership approaches in education is now recognized to be of relevance and of critical importance at an international level. Therefore, professional development interventions can use the content of this paper to provide educational leaders and educators with new insights and strategies relevant to their current practice. Rather than delivering detailed neuroscience, this introductory essay provides part of an educational leadership development framework, with actionable principles and strategies. Those who have a greater degree of responsibility in senior ministerial and organizational leadership positions and who make strategic decisions for schools and systems are drawn to cutting-edge research ideas that have the potential to support the transformative redesign of the education system, away from old-fashioned essentialist paradigms that are no longer applicable.

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