A new decade for social changes
‘Double reduction’ on the development of off-campus discipline training in JiangXi province

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Abstract. In July 2021, the General Office of the Central Committee of the Communist Party of China and the General Office of the State Council issued the Opinions on Further Reducing the Burden of Homework and Off-campus Training for Students in the Stage of Compulsory Education, specifically to comprehensively reduce the burden of children's homework, and also need to reduce the burden of off-campus training. All regions and departments are required to conscientiously implement it in light of actual conditions. In August of the same year, the Office of the Education Supervision Commission of the State Council issued a special notice to report the progress of the implementation of the "double reduction" work in each province every half month. Jiangxi Province followed the opinions of the Party Central Committee and the State Council, actively responded to the double reduction policy, resolutely implemented no examinations and no rankings in the lower grades, implemented unit exercises in the upper grades, and resolutely banned off-campus training in weekend classes, giving children more time after school.

Keywords. double reduction, off-campus disciplines, education system

Homework is an important source of school education and teaching management, and it is also a reference for assessing students' knowledge mastery, and is a necessary supplement to classroom education activities. Students will have homework tasks when they do their homework, but the problem is that some homework tasks is heavy. The content is cumbersome, the quality is low, and the homework is invalid, that is, it does not achieve the role of learning the old and new knowledge, and it takes up a lot of time for children to exercise, rest and entertain or learn other skills after school. At the same time, the compulsory education stage, especially the primary school stage, follows the 3:30 dismissal, this policy is to reduce the burden on children, but it has become a burden reduction in school, an increase in burden outside school, and external tutoring institutions are usually out of control. On April 26, 2021, the Ministry of Education issued the Notice on Strengthening the Management of Homework in Compulsory Education Schools, which makes the prohibition of homework retention an important part of the daily supervision of off-campus training institutions to avoid "reducing the burden inside school and increasing the burden outside school".
So far, the Ministry of Education has included the compulsory education stage into the scope of specific control, and effectively formed the "double reduction" of "reducing the burden in school and reducing the burden outside the school".

**Overall goal of double reduction**
Students' excessive homework burden, off-campus training burden, family education expenses and parents' corresponding energy burden have been effectively reduced within one year, and remarkable results have been achieved within three years.

**History of double reduction**
The education system at the foundation of the country has been shaken, from the most traditional classroom teaching, to the current offline make-up classes, and then after the epidemic in 2020, the introduction of official education platforms such as Gan Education Cloud has fundamentally changed the country's education system.

**The role of double reduction**
Double reduction allows children to reduce their academic burden
The purpose is to reduce the child's learning burden, homework burden, then in a sense according to the "double reduction" policy guidance. The most direct and effective method is to reduce the amount of children's homework, redundant and repetitive homework reduction, replace with manual homework or housework. At the same time, the section of off-campus tutoring, all off-campus cultural classes are banned on weekends. In some areas, off-campus cultural classes are provided from 6:00 to 9:00 from Monday to Friday in necessary.

**The method of smooth implementation of double reduction**
Jointly carried out educational rectification with the State Council, and the Bureau of Culture, Education and Sports first rectifying the ranks of teachers and then rectifying the guidance of extracurricular cultural courses.

**Double reduction to improve teachers' skills**
Double reduction to improve teachers' skills, we know that the professional quality of teachers is limited, and the amount of repetitive homework is reduced, teachers’ skill must improved a lot, interesting and effective teaching methods that teaching tasks can be digested, absorbed, and consolidated within 45 minutes of the class, which is a great challenge for teachers, and at the same time, it is also a new round of professional provocation for teachers.

**Overview of the implementation of double reduction**
Promotion of double reduction nationwide
In July 2021, some national "double reduction" pilot areas were identified in Beijing, Shanghai, Shenyang, Guangzhou, Chengdu, Zhengzhou, Changzhi, Weihai, Nantong above the 9 cities, and a clarion call for basic education reform and innovation was sounded.

**Dilemma encountered in the implementation of double reduction**
First, the implementation of the policy is not thorough enough; Second, the quality of after-school teacher services needs to be improved; Third, there is still a market for off-campus training institutions; Fourth, parents' awareness has not improved enough.
In the process of implementing the double reduction, the development of off-campus training disciplines

The Opinions clearly point out that all localities will no longer approve off-campus training institutions for subjects in the compulsory education stage, and existing discipline-based training institutions must also be uniformly registered as non-profit institutions, that is, off-campus training institutions should be transformed into "public welfare" and "non-profit" institutions as a useful supplement to school education.

Research Methods

This passage investigates and studies the educational environment of training institutions in Nanchang City, Jiangxi Province, including the policies and regulations of off-campus training institutions in Nanchang City, teaching aspects, etc. The adopts corresponding response methods, analyzes and summarizes the problems presented by Nanchang training institutions under the "double reduction" policy.

Literature analysis

Through the literature analysis method, a series of relevant materials about Nanchang urban area, we know the training institutions, and children's subject training are convenient for the author to grasp and select topics. First of all, the author searched and compared the literature related to the paper in CNKI, which is the Superstar Mobile Library and other databases, selected topics among the existing research results that he had already understood, and selected topics according to the actual relevant policies of Nanchang City. Secondly, the author inquired about the release and implementation of the relevant "double reduction" policy on the Jiangxi Education Network. Finally, the author consulted the relevant policies and regulations promulgated by the state and relevant off-campus training institutions, and learned some news trends related to this article.

Observational Method

Through the observation method, this paper provides a basic understanding of the teaching process of teachers in the selected training institutions, and understands the basic situation of off-campus subject tutoring in Nanchang.

Questionnaire method

In the form of questionnaires, a questionnaire survey is conducted to parents of primary and secondary school students in the compulsory education stage to understand the relevant problems existing in discipline-based training institutions at this stage, the purpose of which is to find relevant problems and provide corresponding suggestions. It aims to promote the development of off-campus subject education towards standardized, scientific and contemporary development. So as to effectively respond to the national policy call and rectify off-campus non-compliant discipline training institutions. At the same time, it is necessary to understand whether the existence of off-campus training institutions has an impact on children's performance.
Results
The essence of double minus
During the implementation of the double reduction policy, the completion and operation of on-campus courses
After the implementation of the "double reduction" policy, the teaching tasks of primary and secondary schools in Nanchang urban area have undergone some changes, mainly concentrated in the primary school 1-2 grade stage, less repetitive, cumbersome, complex homework, and strict requirements are not allowed to take written homework home, all required to be completed at school. The 3-6 grade children, require written homework actually not exceed 1 hour, the 7-9 grade students written homework should be finished in 2 hours. This homework reform policy, solve the problem of more homework, repetitive homework, It effectively solves the problem of children's homework.

During the implementation of the double reduction policy, the survival and development direction of off-campus discipline training
The main business of off-campus subject training is after-school care, Chinese after-school tutoring, mathematical mathematics thinking, English curriculum enlightenment and improvement, etc. The standardized management of school homework under the "double reduction" first affected the custody business of training institutions and the "after-school small table" business because basically the younger grades do not need to go home to write homework, and the homework of the upper grades can basically be completed by themselves. Then homework hosting is only available to children who do not have time to pick up; At the same time, the purpose of the state's implementation of the double reduction policy is to let primary and secondary school students not blindly immerse themselves in classroom learning. And spend more time on artistic attainments, humanities and sports, quality education and other aspects to improve, so the subjective awareness of parents and children has formed a dilution of the importance of subject classes and reduced the market demand of students for subject training. To sum up, it can be concluded that the development direction of off-campus training institutions should be to reduce the scale and do high-quality teaching at the same time.

How to deal with the double reduction policy for off-campus discipline training
Comparison of data research on off-campus discipline training
On January 10, 2022, the Nanchang Municipal Education Bureau issued the "2021 Work Summary and 2022 Work Points", of which Nanchang has closed 548 training institutions, and all discipline-based training institutions completed the "business transfer to non-business". More than 600,000 "letters to parents" were distributed and grid management was implemented. About 481 cases of illegal school-running were investigated and dealt with, and the total number of discipline-based training institutions dropped from 501 to 57, 100% of discipline-type training institutions were "converted from business to non-business".

Parents' interview analysis of subject training before and after double reduction
After the "double reduction", an interview was conducted on the No. 1 Primary School in Qingyunpu District, Nanchang City. The author randomly interviewed 30 parents, and 20 parents said that after the "double reduction", the children's homework is fewer than before. The task of learning is reduced, but the enthusiasm for learning is also reduced which is worrying while still hoping that children can use the extra time after school to participate in off-campus training institutions and improve subject performance. 10 parents think that after the "double
reduction", the children's homework is less, the family is much more harmonious, and now there will be no parent-child tension due to teaching homework, and they also think that off-campus training institutions are not very helpful to their children.

The role of China's education system in double reduction

According to the survey method of the literature 《Opinions of the Ministry of Education on Deepening Comprehensive Reform in the Field of Education in 2013》, China's education system is examination-oriented education, and in the process of this reform, the education testing and evaluation mechanism is improved. Comprehensive evaluation standards for students are developed. Explore the establishment of methods for testing and evaluating the quality of education with Chinese characteristics. Initiate the monitoring and evaluation of primary and secondary school students' homework burden, students' physical health status, and people's satisfaction with education. In the past 10 years of the development, China's education is reforming, and the double reduction policy is implemented and actively cooperates with the standards proposed by the 《Opinions》. Double reduction is one of the policies born of pregnancy under the education system.

The impact of the double reduction policy on discipline-based training

Impact of out-of-school training on children's achievement

The attitude of double reduction to off-campus discipline training is clear, and the teachers and abilities of teachers in off-campus discipline training institutions determine the effect of training, so in the first step of implementing the "double reduction" policy, ban unlicensed schools; Secondly, the teaching time of the institution began to be adjusted, in the weekend intensive teaching to 6-9 pm from Monday to Friday; Finally, discipline-based training institutions were transformed into institutions of the nature of "business to non-business". The adjusted discipline-based training institutions have effective teacher support and carry out daily teaching work smoothly and orderly under the supervision of the Education Bureau. Children who choose high-quality training institutions have a steady improvement in their grades compared to other students.

Questionnaire survey of children's achievements by parents who participated in out-of-school training and did not participate in out-of-school training.

The following is a sample questionnaire for this survey study
The role of out-of-school subject training on children's achievement

The impact of children's performance in long-term out-of-school subject training

In the above questionnaire survey, 40 samples were randomly collected at the school gate, and the proportion of data was as follows:

1. In this survey, a total of 40 parents of grades 3-6 were randomly found and 40 valid questionnaires were completed.
2. More than 80% students have participated in off-campus subject training, of which surpass 100% of grade 6 students have participated in off-campus subject training.
3. Approximately 75% of grades 3-4 students think it is necessary to participate in subject classes, and 95% of grades 5-6.
4. More than 80% of parents said that they had participated in subject training, and their grades had improved by different proportions.

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<table>
<thead>
<tr>
<th>Questionnaire for Participating in Subject Training (Parent Version)</th>
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<tbody>
<tr>
<td>1. What grade is your child currently in?</td>
</tr>
<tr>
<td>A. Grade 3   B. Grade 4   C. Grade 5   D. Grade 6</td>
</tr>
<tr>
<td>2. Has your child participated in off-campus subject training?</td>
</tr>
<tr>
<td>A. Yes       B. No (Select this survey to end)</td>
</tr>
<tr>
<td>3. Do you think discipline-based training is necessary?</td>
</tr>
<tr>
<td>A. Yes        B. No</td>
</tr>
<tr>
<td>4. After your child participates in subject training, will his grades improve accordingly?</td>
</tr>
<tr>
<td>A. Yes        B. No</td>
</tr>
<tr>
<td>5. After the &quot;double reduction&quot;, will you continue to let your child...</td>
</tr>
<tr>
<td>A. Yes        B. No</td>
</tr>
</tbody>
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Leave your contact information and you will receive a beautiful small gift.

- your name:
- Your occupation:
- Contact:
Parents of grades 5 and 3-4 said that 50% of them continued to participate in subject training after the "double reduction", and parents of grades 5-6 chose to continue to participate in subject training.

Presentation of survey results for off-campus discipline training

Through the above questionnaire, let's make a summary:

The national education part is in full swing to carry out the implementation of the "double reduction" policy, local governments, culture, education and sports bureaus, law enforcement departments for joint law enforcement, is bound to implement the "double reduction" policy in an orderly manner. Local primary and secondary schools, teachers actively cooperate with the implementation of the policy, strive to improve their own professional ethics, to give the best teaching services to minor children, off-campus training institutions continue to optimize teachers, the teaching resources of off-campus subject training to some children in need. The development momentum of the entire educational environment is steadily advancing. At the same time, through the questionnaire survey, it was concluded that parents with higher grades paid more attention to their children's achievements, and in the meantime, the demand for out-of-school subject tutoring was greater, and parents in lower grade did not have much performance anxiety. Then, we should believe that excellent out-of-school subjects tutoring institutions are necessary to provide services for children in need. In the era of frenzy of education involvement, off-campus discipline training institutions can be said to survive in the cracks, but in the face of parents' requirements and children's needs, it is very necessary for off-campus discipline training institutions to continuously improve teaching quality, optimize the teaching environment, and conduct more excellent teacher training.

Conclusion and Outlook

Through nearly a month of investigation, observation, recording, and analysis, the author concluded that under the implementation of the "double reduction" policy. There is still a requirement for some off-campus training institutions, provided that they must have professional institutions, qualified responsible teachers, beautiful teaching environment, and the ability to solve and answer questions for children in need. And contemporary actively respond to the national policy call, do not teach on holidays, and give all children sufficient moral, intellectual, physical, aesthetic and labor exercise time. I hope that in the near future, our children will be far ahead in both disciplines and comprehensive physical fitness, we are convinced of Chinese people can exert our greatest strength in promoting the historical process of the world.

Meanwhile, as young people in the new era after the founding of New China, we have reached middle age and have become the main force, committed to striving for the prosperity and strength of the motherland.

References

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